

Workshops

PhD career event FSW

12 October 2018



Talents in Focus

Talents matter even more than people think. Why are some people more successful than others?

Leaving aside luck, there are really just three explanations: talent, effort and ambition.

Talent concerns the abilities, skills, and expertise that determine what a person *can* do.

A talent is a natural gift.

Effort concerns the degree to which the person deploys their talents.

Ambition is the desire to achieve something, to book personal success.

Do you know your talents? Do you know how to use your talents in different ways and different work environments? If not, join this workshop and you can make a start by exploring your talents!

Workshop Talents in Focus:

- How to find your talents?
- How to use your talents by preparing for your next career step, in or outside academia?
- How to present yourself in a better way with the help of your talents?

About the trainers

Ine Alberts, career coach Leiden University

I work as a career counselor and coach at Leiden University. As a career coach I'm solution oriented, involved and a "people person". It motivates me to help others in their professional development.

Over the past 15 years I have gained profound experience in career coaching highly educated professionals in, science, health care and education. I have been working as a communication trainer and mobility coordinator. I inspire others to gain insight in their personal career drives, talents and personal strengths. I work with them to transform their ambitions into next steps in their career.

Yvonne Dexel, career coach Leiden University

I am a professional, experienced and enthusiastic career coach. I like to focus on development and supporting people in getting the best out of themselves. My work style is solution oriented, committed, motivated and critical with a positive touch.

I have been working as a HR advisor and manager. I have more than 15 years of experience in coaching and giving workshops. I offered support to highly educated professionals as well as secondary educated employers in all kinds of professions.