Welcome to MijnABP
Visit [www.abp.nl](http://www.abp.nl) and click on the MijnABP button situated in the top right hand corner.
Log on to your personal pension webpage using your DigiD. (Available at www.digid.nl)
Welcome to MijnABP.

1. Your accrued pension
2. Pension overview, amounts are monthly & after taxes
3. Your information: name, address, partner etc. Click here to check if your partner is correctly registered
4. Important documents: annual pension overview etc.
5. Plan your pension. Make calculations to see what your future income could be
6. Contact moments: All mail sent by ABP can be found here
7. Pension transfer: Transfer other pensions to your ABP pension
Pension overview:

Here you can find all the available information on your pension in monthly amounts, after taxes.
When clicking on Pension overview, a screen will open up showing you the amount your pension could accrue to if you continue working up until state pension age.

The amounts are shown before and after tax.
By clicking on “diensttijd overzicht ABP” you can access your employment history.
To enter your pension planner click on “plan uw pensioen”. To see your future income and make changes to meet your personal retirement plans.
This screen shows 3 preset options:

1. Working till state pension age
2. Early retirement at 64 and choosing an equal income for the rest of your life
3. Early retirement at 63 and choosing a higher income up to state pension age and a lower income later
Pensioen en AOW tegelijk

MEEST GEKOZEN

Bij dit pensioenplan stopt u met werken als u uw AOW ontvangt.

Soms wilt of kunt u niet eerder stoppen met werken. Bijvoorbeeld omdat eerder stoppen voor u te duur is, of omdat u graag werkt en nog niet met pensioen wilt gaan. Dan kiest u voor de standaard situatie: uw pensioen gaat in zodra u AOW gaat ontvangen van de overheid. Hieronder kunt u zien wat dit pensioenplan betekent voor uw inkomens.

Bekijk gerust uw pensioenvoorstel, u leest nog niets vast.

U ontvangt van ABP

1. Vanaf 67 jaar en 2 maanden

€ 1.900 netto per maand
(E 2.430 inclusief AOW)

Uw partner ontvangt als u overlijdt

voor uw 65ste
€ 770 netto per maand tot AOW-leeftijd

op uw 65ste of 66ste
€ 790 netto per maand tot AOW-leeftijd

op of na uw 67ste
E 1.200 netto per maand vanaf AOW-leeftijd

Dit pensioenplan aanpassen

1. The pension you could receive if you work up to your state pension age.
   (note that the AOW amount stated is a full state pension acquired if one has lived 50 years in the Netherlands prior to AOW-date)

2. Surviving dependents pension, the pension your partner will receive if you come to pass away
Though the 3 preset choices are useful, you may want to make different choices when it comes to your retirement and your pension.

Using the “zelf samenstellen” button you can plan your pension to your own specifications.
Zelf samenstellen

U gaat in een aantal stappen uw pensioen samenstellen

**Stap 1:** Pensioenleeftijd kiezen
Wanneer wilt u met pensioen gaan?

**Stap 2:** Deeltijdpensioen kiezen
Wilt u eerst voor een deel of juist ineen met pensioen gaan?

**Stap 3:** Nabestaandenpensioen aanpassen
Als u alleenstaand bent, hebben wij al zoveel mogelijk nabestaandenpensioen aan uw pensioen toegevoegd

**Stap 4:** Pensioen anders verdelen
Ontvang eerst een hoger pensioen en daarna lager, of omgekeerd.

**Stap 5:** Uw pensioenplan bekijken
Wilt u binnen 12 maanden met pensioen gaan? Dan kunt u ook online aanvragen.

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The first screen shown explains the choices you can make.

**Step 1:** Choose your retirement age

**Step 2:** How would you like to retire, full retirement or partial retirement?

**Step 3:** Exchanging the surviving dependents pension

**Step 4:** Choosing a higher or lower income for a certain period of time

**Step 5:** Check your pension plan
The first screen shows:

Left: your pension if you work up until state pension age

Right: the surviving dependents pension for your partner in case of your death

If the box is ticked next to ‘loonheffingskorting’, that means that we have applied the tax credit at your request until state pension age. You can only have tax credits applied to one source of income, so when reaching state pension age you must choose on which income you would like to apply your tax credit.
**Step 1:** Choose your retirement age by sliding the button to the left or to the right. You can choose any age starting from 60 up to 72.

Your pension does not have to start on your resignation or your state pension date. This may have consequences for the amount of your pension and your conditional pension. Click here for more information.
Release the button at the chosen date. Now your pension is calculated to your new retirement age. The first amount is your income up to your state pension, the second amount is your income from state pension age. The amount in brackets is your total income, but this includes a full state pension.

Check your state pension at [www.svb.nl](http://www.svb.nl)

Click to continue to step 2
Step 2
Choose full retirement or partial retirement.

The top bullet is for full retirement
The bottom bullet is for partial retirement

Click to continue to step 3
Step 3:
Exchanging your surviving dependents pension. You can choose to higher or lower the amount your partner will receive in case of your death. This will have consequences for your own pension.

Top bullet, make no changes
Bottom bullet, exchange the surviving dependents pension

Click to continue to step 4
Step 4:
First more, later less pension. You choose your income for a certain period of time.

Top bullet, make no changes
Bottom bullet, change your income

Click to continue
Step 4:
Here you can choose till which age you would like to receive a higher or lower income. The maximum age is 75. Slide the button to the left or to the right to adjust.

Click to continue to step 2
Now you can choose how much pension you would like to receive. Slide the button to the left or to the right to adjust to the amount you wish to receive.

Applying for a higher or lower pension will have consequences for your income later.

Click to continue to your pension plan. This is an overview of your pension based on the choices you have made in steps 1 through 4.
Important

All amounts stated are monthly and after taxes.

All calculations are based on your current salary and FTE percentage.

When AOW (state pension) is mentioned, it is a full state pension. If you have not been living in the Netherlands 50 years prior to your state pension age, you will not be entitled to a full state pension.

Information on your state pension can be found at www.svb.nl. Available in many languages.

Apply for your pension at a maximum of 6 months and a minimum of 3 months before your chosen retirement age.

If you have any questions, please contact us; our helpdesk will be happy to help: 045 – 579 60 70.

Please contact our helpdesk if your or your partner's data are not correct.

Nb: If married abroad your information may not be complete.