Application form to take part in the Vitality Pact By signing this document, the employee declares that he/she has full knowledge of the terms of the Vitality Pact conform article 6.13 up to and including 6.16 of the Collective Labour Agreement of Dutch Universities (CAO NU). The employee is responsible for the choice that he / she makes; no adverse effect of the choice can be recovered at Leiden University. Participation can only end by resignation (state pension) or long-term illness. E-mail the completed and signed form to the PSSC at <u>pssc-mutatie@assc.leidenuniv.nl</u> Name Faculty/unit Date of birth Institute/ department Starting date of participation in the Vitality Pact The application date is at least 3 months prior the intended starting date. **Options:** Variant A(four-day variant / 20% extraordinary leave): With 38 contracted hours prior to participation in the vitality pact, the new working week consists of 32 hours, which means you actually work 1.6 hours more each week (part-timers pro rata, but 4 working days). The salary will be decreased with 15%. The employment contract at the start of the Vitality Pact is at least 0,5 FTE Variant B (three-day variant / 40% extraordinary leave): With 38 contracted hours prior to participation in the vitality pact, the new working week consists of 24 hours, which means you actually work 1.2 hours more each week (part-timers pro rata, but 3 working days). The salary will be decreased with 30%. The employment contract at the start of the Vitality Pact is at least 0.66 FTE. New work schedule Vitality Pact (max. 2 decimals place): Monday Wednesday Thursday Tuesday Friday hours hours hours hours hours For the actual scope of work per week, see the schedule in appendix F of the CAO NU. Employee signature HR adviser Learn here how to create a digital signature. Name Name Date Date Signature Signature

Approved by supervisor	Approved by mandate holder
Name	Name
Date	Date
Signature	Signature
Seen by PSSC	Verified by PSSC
Name Date	Name Date
To be completed by PSSC	
Personnel number	Payroll number

If you have any questions about completing the form, please contact the PSSC Service Point at 071 - 527 6200 or via e-mail.